



Calling Applications for Sports Education Courses – 2021

Physical Fitness Instructor Training Course (NVQ-04)

This course has been designed to produce physical fitness trainers, equipped with scientific knowledge and practical skills for exercise prescription with a view to control high incidence of non – communicable diseases prevailing in the country.

The course is conducted according to National Vocational Qualification level 4 (NVQ – 04) and on successful completion of the course the student will be able to start his/her career as a physical fitness trainer in a fitness center/gymnasium.

Duration : 12 Months, On Saturdays or Sundays between 9.00 a.m. 4.00 p.m.)

Course Fee : Rs. 20,000/=

Medium : Sinhala/English

Qualifications : Should have passed G.C.E (Ordinary Level) with a sports background.

Further Information: Course Coordinator 011 2684921 extension 234

Certificate Course in Coaches Skills Development

This course is conducted to improve knowledge and skills of sports coaches. Applications are called in this year from Hand ball, Cycling, Savate Kick Boxing, Netball, volleyball and Hokey coaches.

Those who successfully complete the course will be recognized as a qualified coach in the relevant sport. They will be registered under this ministry awarded “Coaches Registration Certificate”.

Duration: 03 Months (On Saturdays or Sundays between 9.00 a.m. 4.00 p.m.)

Medium: Sinhala / English

Course Fee: Rs. 5,000.00

Qualifications for admission to the Course:

1. Completion of a level course relevant to the sport being coached.
2. 05 years' experience as a Coach.
3. Experience in coaching players who acquired successes at international / national / provincial / District level.

Further Information: Course Coordinator 011 2684921 extension 241

Certificate Course in Sports Science- Level I

This course has been designed with a view to equip the sports coaches with up to date scientific knowledge to develop as professional Sports coaches. The course is conducted for Baseball, Kabaddi and wrestling this year. Sports coaches working in government/private sector organization and those who are working as volunteer coaches can apply for this.

Duration : 06 Weeks (60 hrs. per each course - 02 or 03 days per week from 9.00a.m. to 4.00 p.m.)

Medium : Sinhala/English

Course Fee: Rs. 7,000.00

Qualifications:

I. If an open competition, should have trained sportsmen and sportswomen or teams which achieved first or second places at District level competition or first, second or third places at a Provincial or National level competition or be member of a team that has made the above achievements.

or

II. If a school competition, should have trained sportsmen and sports women or teams which achieved first or second places at Zonal level competition or first, second or third places at Provincial or National level competition or be member of a team that has made the above achievements.

or

III. Should have passed the Sports Diploma conducted by the National Institute of Sports Science.

Certificate Course in Sports Science- Level II

Courses to be conducted relevant to the sports field of Judo, Badminton and Volleyball as a further step to provide correct sports techniques to the sports Coaches.

Duration : 12 Weeks (120 hrs., 02 or 03 days per week from 9.00a.m. to 4.00p.m.)

Medium : Sinhala/English

Course Fee: Rs. 10,000.00

Qualifications:

1. Should have passed the Certificate Course in Sports Science – Level I (Judo, Badminton and Volleyball)
- or
2. Should have passed the Sports Diploma conducted by the National Institute of Sports Science.
- and
3. Should have trained successful sportsmen or women at National/Provincial/District level.

N.B. Priority will be given to those who submit high performance and sports educational qualifications in addition to the required qualifications when enrolling for the above courses.

Procedure to submit applications

Applications could be downloaded from the website www.niss.gov.lk or can be collected from at the National Institute of Sports Science during office days from 09.00 a.m. to 04.00 p.m. **Completed applications should be sent to reach the “Director, National Institute of Sports Science, 100/7, Independence Avenue, Colombo 07” on or before 28th April, 2021.**

N.B: The course/sports applied for should be written on the top left corner of the envelope containing the application.